



APPENDIX E - Regulations for Use of Leisure Facilities

1. **OPENING HOURS** – 5.00 a.m. until 11.00 p.m.
2. **ANIMALS** – Animals (excepting guide dogs) may not be brought into the Leisure Centre.
3. **INFLATABLE ITEMS** – No inflatable items (with the exception of children’s water wings) or model boats etc. may be taken into the swimming pool or Jacuzzi.
4. **GAMES** – No ball or other games permitted.
5. **SMOKING** – The Leisure Centre is strictly a “No Smoking” area.
6. **FOOD, DRINK & SMOKING** – For your own safety and the safety and comfort of other residents, smoking and the consumption of food or alcohol is absolutely prohibited in or around the Leisure Centre.
7. **MUSIC** – The playing of music is forbidden.
8. **CHILDREN** – Children under the age of 16 years must be accompanied by an adult at all times.
9. **CHANGING ROOMS** – please ensure the changing rooms (including showers) are left in a clean and tidy condition.
10. **SWIMMING POOL** – Strictly no diving.
11. **JACUZZI** – For health reasons you should not use the jacuzzi for more than ten minutes at one time. Please make sure that the jacuzzi is switched off after use.
12. **USE OF THE LEISURE CENTRE BY NON-RESIDENTS** – Residents may invite up to a maximum of three guests to use the pool at any one time. Guests must be accompanied at all times.
13. **HEALTH** - We advise you consult your doctor before using the facilities whilst taking prescription drugs.
14. **ABUSE** - Any abuse of these facilities may result in deactivation of access fobs.